

PARALLEL SESSION 4: HEAD & SPINE BLOCKS

TIME: 15:45 - 17:15



17:00 - 17:15

Blocks for Low Back Pain

Dr. Mafeitzeral Mamat (Malaysia)

Consultant Anaesthesiologist

Sunway Medical Centre Velocity, Malaysia

Abstract:

Low back pain (LBP) is a prevalent condition affecting millions of individuals globally, leading to significant discomfort and disability. This presentation aims to explore the multifaceted approach to managing low back pain through block interventions. The discussion will be divided into three main sections:

The Definition and Diagnosis of Low Back Pain:

Low back pain is typically defined as pain localized below the rib cage and above the gluteal folds, with or without leg pain. Diagnosing LBP involves a comprehensive clinical evaluation, including patient history, physical examination, and diagnostic imaging when necessary. Understanding the underlying causes, whether mechanical, degenerative, or neuropathic, is crucial for effective management.

Typical Block Interventions for Relief of Low Back Pain:

Traditional block interventions for LBP include ...

New Approaches of Blocks for Back Pain:

Recent advancements in pain management have led to the development of novel block techniques for LBP. These include ...

This presentation will provide ...