

PARALLEL SESSION 1:

RA & LOWER LIMB BLOCKS

TIME: 13:00 – 15:15



13:45 - 14:00

Regional Anesthesia For Austere Environment

Dr. Lily Roxas Jingco (Philippines)

MD, DPBA, FPSA

President-Riverwalk Homeowners Association-Bacolod City

Vice President: Regional Anesthesia Society of the Philippines

Abstract:

There are several institution that are still not equip to do ultrasound guided regional anesthesia, much so even the peripheral nerve Stimulator guided Regional Anesthesia. Absence of technology though, should not be a reason for us to forego the provision of some regional anesthesia techniques that we know could highly benefit our patients.

Several regional anesthesia techniques could be done anatomically, thus each anesthesiologists should be trained to do so, to assure our capacity to provide one when technology is not available or if fails to aid us.

May it be for anesthetic or even just for analgesic purposes, the practice of Regional Anesthesia had great impact in the practice of Anesthesiologists around the world. We all understand that the gold Standard of the practice is technology-based, but as Advocates of the practice, faculties should be able to teach the applicable anatomic landmark techniques.

It is given that utmost patient care must be provided, thus patient safety should be a priority. There are several techniques that must be done using technology, but there are also a lot of available techniques that could be done without it.

Advancement of the practice coincides with technological advancements around the developed countries, leaving behind areas with austere set-up. These areas are still wide and tends to be limited. The lecture aims to encourage practitioners with austere environment to explore some regional anesthesia techniques using the anatomic landmark or even through peripheral nerve stimulator.