

# ***PARALLEL SESSION 3: PAIN MANAGEMENT***

***TIME: 13:00 - 15:15***



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**An Update of Pain Medicine Research in the Last Ten Years that Might Influence Our Practice**

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## **Abstract:**

**1. An update of pain medicine research in the last ten years that might influence our practice.**

This speaker will provide an update of the pain medicine research in the last ten years that might influence our practice. The purpose is to create a convenient and well-organized review session of key articles published recently that address important topics in chronic pain management and facilitate their review by the practicing anesthesiologist or pain medicine specialist. The speaker will discuss the summary, strengths, weaknesses, and relevance of each article and how they will influence our clinical practice. The speaker will provide the learner with a succinct summary of the articles on CDC guidelines on opioid use, vertebroplasty, efficacy of epidural steroid vs saline, interlaminar, transforaminal, and caudal epidural steroid, Ziconotide, and placebo effect of spinal cord stimulation. Opportunities for evidence-based pain management will be suggested.

**2. Workshop for ‘Global online pain fellowship’ enrollees (require onsite ultrasound machine, gel, and dummy patient)**

Live ultrasound scanning for suprascapular nerve block, genicular nerve block, stellate ganglion block, brachial plexus block, Erector spinae/paravertebral block