

PARALLEL SESSION 1:

RA & LOWER LIMB BLOCKS

TIME: 13:00 - 15:15



14:00 - 14:15

Regional Anesthesia Considerations in the Geriatric Population

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Abstract:

The number of elderly patients has steadily increased in recent years. A lot of our elderly patients scheduled for surgery present with co-morbidities that may affect our choice of anesthetic technique and medications. Tailoring our anesthetic technique to consider the effects of the aging process, existing active disease process and any residual effects of previous illness, is vital. Regional anesthesia offers a number of proven benefits especially in this patient population. This session will be dedicated to briefly reviewing the aging process and a few useful screening tools for the elderly patient preoperatively. We shall also highlight specific surgeries and the benefit of performing regional anesthesia on the elderly patient for such procedures. Outcomes of regional anesthesia for certain procedures will also be discussed.